

Short Title: Doe Sr., John M. v. Doe Jr., John M.

Self-Represented

DECLARATION OF JOHN M. DOE SR. IN SUPPORT OF DV-100, REQUEST FOR
DOMESTIC VIOLENCE RESTRAINING ORDER

I, John Matthew Doe Sr., attest under penalty of perjury under the laws of the State of California that the following is true and correct.

Brief Relationship History

Respondent, John M. Doe Jr. is my 25-year-old son, who has lived with me all his life. He started taking Xanax in 2021. Since Respondent has started abusing drugs, he has grown increasingly unstable and aggressive and has been unable to maintain a job for more than 2 weeks. Since March of 2023, Respondent has been physically aggressive and violent with my family. Since then, Respondent has developed a habit of taking drugs, trying to start a fight with one or more members of my family, and storming off, only to return and act as if nothing happened. Respondent has grown increasingly reckless and has even attempted to take his own life during an incident in October, when he took both Xanax and Meth and tried to run on the freeway, ultimately getting hit by a car and hospitalized in a psychiatric ward for 5 days. I fear for my family's safety when Respondent is around. He frequently uses drugs around my children despite my repeated pleas with him to stop, and I am afraid he will harm both them and me with further verbal and physical abuse.

Respondent has done the following:

- **Physically abused my family by:**
 - **Pushing my elderly father to the ground**
 - **Shoving myself and my children**
 - **Fighting my older son, Jason**
 - **Physically intimidating myself and my family members, often trying to provoke physical fights**
- **Verbally abused myself and all of my family members by using profanity, calling us names, and cussing us out**
- **Created a dangerous environment for my minor children by abusing drugs in our household**
- **Damaged my property, specifically my front door, sliding screen door, and bathroom mirror**

Most Recent Incidents of Abuse:

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September 2025:

In September of 2025, I confronted Respondent about his drug abuse, specifically about the fact that he was on pills, and told him that if his behavior didn't change he needed to leave my home. In response, Respondent refused and immediately got defensive and aggressive, and he started to verbally abuse me by cussing me out and calling me such names as "miserable-ass bitch" and "low life." Respondent came face to face with me, continuing his verbal abuse and trying to coerce me into hitting him. Because of this, my other son, Jason, intervened and pushed Respondent off of me. Jason and Respondent then physically fought for a few minutes, and I called the police. Once the police arrived, they made Respondent leave, and after a few hours, Respondent returned and started complaining that he wanted another fight.

May 2024:

In May of 2024 Respondent was on Xanax in our home and acting aggressively. My father approached Respondent to calm him down and deescalate the situation. Respondent believed my father was trying to start a fight, and Respondent then knocked over my father. When my father stood up, Respondent pushed my father over again. My father had bruises and scrapes from the incident. During this incident the Respondent was also aggressive to my other children and pushed my daughter. When I called the police, Respondent ran off. He was later arrested for elder abuse and child endangerment.

Other Incidents:

Respondent has a history of repeatedly taking drugs and consequently trying to provoke fights with my family members and myself. He constantly abuses drugs such as Xanax and becomes both physically and verbally abusive, as well as reckless with his actions.

We have had to call the police on Respondent to have him removed from our household at least 7 times, and he was arrested after 1 of those times (see May incident above).

There have been several instances in which Respondent has become angry and damaged my property. For example, there have been two separate instances in which Respondent tried to break back into the house after he had stormed off, and in one instance, he damaged my front door, while in the other instance, he damaged my sliding door. Additionally, Respondent once got so angry that he broke my bathroom mirror by slamming it so hard.

Conclusion:

I am seeking to protect my children and myself as I am increasingly fearful that Respondent will harm us through further verbal and physical abuse, especially since he has sought no treatment for his

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substance abuse issues and continually denies even having them in the first place. Due to his drinking, substance abuse, and aggressive tendencies, my children have told he that they are scared of Respondent and even sleep in my bedroom at night due to this fear. As such, I am respectfully requesting a 5-year restraining order to remove Respondent from my household and ensure the safety of my family members and myself.

John M. Doe Sr.

Date

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